Suggested Reading for Grieving Parents

*Shattered – Surviving the Loss of a Child*
By: Gary Roe
Heartfelt, easy to read, and intensely practical

*Understanding Your Grief*
By: Dr. Alan Wolfelt
A roadmap through grief

*More Than Surviving*
By: Kelly Osmont
Caring for yourself while you grieve

*Healing A Parent’s Grieving Heart*
By: Dr. Alan Wolfelt
Practical ideas after your child has died

*For Better or Worse*
By: Meredith Doerr
For strengthening marriages after the death of a child

*The Unspeakable Loss*
By: Nisha Zenoff
How do you live after a child’s death?

*Dear Parents – Letters to Bereaved Parents from Bereaved Parents*
Parents and others say what they would tell a grieving parent

*Beyond Tears: Living After Losing a Child*
By: Ellen Mitchell
Nine mothers candidly share what to expect in the first year and beyond

*Grieving Dads: To the Brink and Back*
By: Kelly Farley
Fathers share their stories of grief and hope

*I Have No Intention of Saying Goodbye*
By: Sandy Fox
25 families open their hearts and share stories to help others

*The Death of a Child – Reflection for Grieving*
By: Elaine Stillwell

*Holding Onto Love*
By: Chuck Collins
Searching for hope when a child died

All books listed above along with many others can be found in KinderMourn’s lending library. We hope you find support and comfort from these materials and we encourage you, your family and friends to utilize this resource.