

KinderMourn

Suggested Reading for Grieving Parents

Shattered – Surviving the Loss of a Child

By: Gary Roe

Heartfelt, easy to read, and intensely practical

Understanding Your Grief

By: Dr. Alan Wolfelt

A roadmap through grief

More Than Surviving

By: Kelly Osmont

Caring for yourself while you grieve

Healing A Parent's Grieving Heart

By: Dr. Alan Wolfelt

Practical ideas after your child has died

For Better or Worse

By: Meredith Doerr

For strengthening marriages after the death of a child

The Unspeakable Loss

By: Nisha Zenoff

How do you live after a child's death?

Dear Parents – Letters to Bereaved Parents from Bereaved Parents

Parents and others say what they would tell a grieving parent

Beyond Tears: Living After Losing a Child

By: Ellen Mitchell

Nine mothers candidly share what to expect in the first year and beyond

Grieving Dads: To the Brink and Back

By: Kelly Farley

Fathers share their stories of grief and hope

I Have No Intention of Saying Goodbye

By: Sandy Fox

25 families open their hearts and share stories to help others

The Death of a Child – Reflection for Grieving

By: Elaine Stillwell

Holding Onto Love

By: Chuck Collins

Searching for hope when a child died

All books listed above along with many others can be found in KinderMourn's lending library. We hope you find support and comfort from these materials and we encourage you, your family and friends to utilize this resource.