Empty Arms Suggested Reading

Empty Arms: Coping with Miscarriage, Stillbirth and Infant Death
By: Sherokee Ilse
Details the grief that follows an infant’s death.

Empty Cradle, Broken Heart
By: Deborah Davis
Comprehensive and sensitive book with experiences following the death of a baby.

Healing Together
By: Centering Corporation
For couples whose baby has died.

Healing Your Grieving Heart After a Stillbirth
By: Alan Wolfelt
Practical ideas for parents and families.

Stillbirth, Yet Still Born
By: Deborah Davis
A guide for parents suffering a stillbirth.

Miscarriage – A Shattered Dream
By: Sherokee Ilse
Medical information, emotional support, and helpful strategies.

Too Soon A Memory
By: Centering Corporation
A guide for parents suffering a miscarriage.

Miscarriage, A Man’s Book
By: Rick Wheat
A father’s perspective of this loss.

Healing Your Grieving Heart After a Miscarriage
By: Dr. Alan Wolfelt
Practical ideas for parents and families.

Another Baby? Maybe
By: Maribeth Doerr
Questions on pregnancy after loss.

When Pregnancy Follows A Loss
By: Joann O’Leary and Clare Thorwick
Preparing for the birth of your new baby after loss.

All books listed above along with many others can be found in KinderMourn’s lending library. We hope you find support and comfort from these materials and we encourage you, your family and friends to utilize this resource.