

# KinderMourn

## Empty Arms Suggested Reading

*Empty Arms: Coping with Miscarriage, Stillbirth and Infant Death*

By: Sherokee Ilse

Details the grief that follows an infant's death.

*Empty Cradle, Broken Heart*

By: Deborah Davis

Comprehensive and sensitive book with experiences following the death of a baby.

*Healing Together*

By: Centering Corporation

For couples whose baby has died.

*Healing Your Grieving Heart After a Stillbirth*

By: Alan Wolfelt

Practical ideas for parents and families.

*Stillbirth, Yet Still Born*

By: Deborah Davis

A guide for parents suffering a stillbirth.

*Miscarriage – A Shattered Dream*

By: Sherokee Ilse

Medical information, emotional support, and helpful strategies.

*Too Soon A Memory*

By: Centering Corporation

A guide for parents suffering a miscarriage.

*Miscarriage, A Man's Book*

By: Rick Wheat

A father's perspective of this loss.

*Healing Your Grieving Heart After a Miscarriage*

By: Dr. Alan Wolfelt

Practical ideas for parents and families.

*Another Baby? Maybe*

By: Maribeth Doerr

Questions on pregnancy after loss.

*When Pregnancy Follows A Loss*

By: Joann O'Leary and Clare Thorwick

Preparing for the birth of your new baby after loss.

All books listed above along with many others can be found in KinderMourn's lending library. We hope you find support and comfort from these materials and we encourage you, your family and friends to utilize this resource.