



# KinderMourn

## 2024 Annual Hope Report

WHEN A CHILD DIES.  
WHEN A CHILD GRIEVES.  
THERE IS HELP.  
THERE IS HOPE.

### *Our Mission*

KinderMourn provides hope for bereaved parents, grieving children and teens by offering support and counseling programs, creating awareness of bereavement issues and empowering the community to effectively assist those who have suffered an unthinkable loss.

Since 1978, KinderMourn has walked alongside countless families seeking healing after grieving an unthinkable loss. Forty-seven years later, we continue to serve as the only grief support organization in our area offering these crucial mental health services for bereaved families.



KinderMourn provides **individual grief counseling** by professional licensed clinicians to bereaved parents who have lost a child and youth who have lost a loved one. All counseling fees are based on a sliding scale.



KinderMourn provides **FREE support groups** for pregnancy loss, subsequent pregnancy, grieving parents who have lost a child, and children and teens who have experienced significant loss.



KinderMourn offers **FREE grief support** to elementary, middle, and high school youth through our Helping the Hurt outreach program in our local area schools.



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📍 1320 Harding Place  
Charlotte, NC 28204

*Your Support  
Gives Hope!*



#KINDERMOURNCLT  
[www.kindermourn.org](http://www.kindermourn.org)



# KinderMourn

## OUR MISSION AT WORK IN 2024

*Through generous donations last year, KinderMourn Supported*



TOTAL NUMBER OF  
CLIENTS IN-HOUSE FOR  
COUNSELING SUPPORT

**1,282**

10% ↑ from 2023



TOTAL NUMBER OF  
IN-HOUSE COUNSELING  
SESSIONS

**3,627**

43% ↑ from 2023

TOTAL NUMBER OF  
IN-HOUSE GROUP  
SUPPORT SESSIONS



**130**



NEW CLIENT INTAKES FOR  
COUNSELING SUPPORT

**402**

**\$850,000+ IN MISSION-RELATED  
SERVICES PROVIDED**

**TOTAL 2024 EXPENSES - \$1.2 MILLION**

COMMUNITY PARTNERS

**86**



COMMUNITY CONTACTS

**1,764**

IN-HOUSE DEMOGRAPHICS



**59%**  
Male



**41%**  
Female

AFRICAN AMERICAN: 41%  
CAUCASIAN: 50%  
LATINO: 4%  
ASIAN: 2%  
BIRACIAL: 2%  
NATIVE AMERICAN: 1%

**DID YOU KNOW?**

THAT OVER 60% OF  
NEW CLIENTS PAY LESS  
THAN \$35 FOR ONE-ON-  
ONE COUNSELING  
SUPPORT AND MANY  
PAY NOTHING AT ALL?

**GRIEVING PARENTS, CHILDREN,  
TEENS, & FAMILIES SUPPORTED**  
**1,785**

# HOPE IN NUMBERS

## 2024 Helping The Hurt Outreach

At KinderMourn, we recognize that many of our community's most vulnerable are unable to access the support needed at the KinderMourn Home. That is why, 30 years ago, in 1994, we established Helping The Hurt, a **FREE** outreach program to expand our reach in the community providing on-site grief support to children and teens in our local area schools.

46



2024  
CUMULATIVE  
SCHOOLS SERVED

350



2024  
HELPING THE HURT  
STUDENTS SERVED

77%

of Students reported feeling physically better after participating

90%

of Students reported having a better understanding of Grief

81%

of Students reported being able to better express their feelings

84%

of Students reported that group helped them find healthy ways to cope with their feelings.

91%

of Students reported that they identified someone they can talk to when experiencing "big feelings"

92%

of Students reported they found this support group to be helpful to them

93%

of Students reported they would participate in a grief support group again

*"I feel like more people should do the group because not only is it helping you, but it takes a lot of weight of your shoulders and life will get easier. You always have grief, but you have things you can try to do instead of just thinking about it or feeling sad. I also learned that grief isn't just sadness, that it's also anger and a lot of other emotions, too."*

-14 year old student at Francis Bradley Middle

## 2024 Demographics



52%

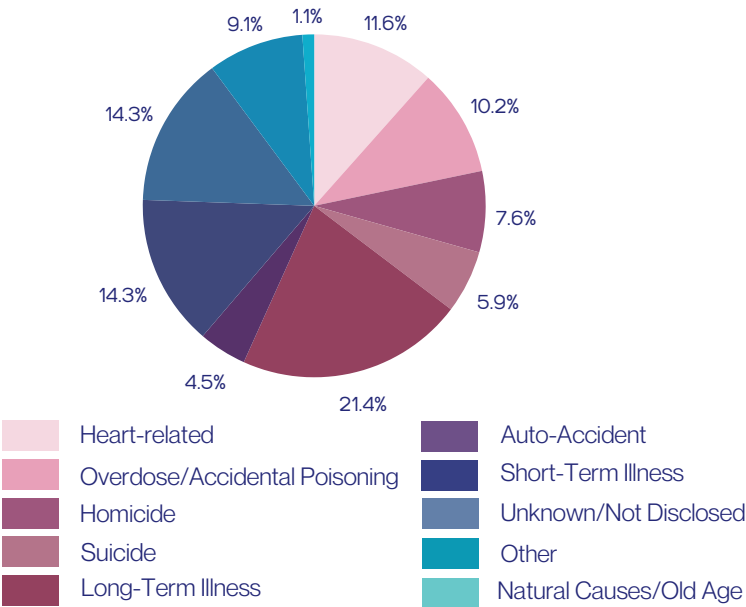
Male



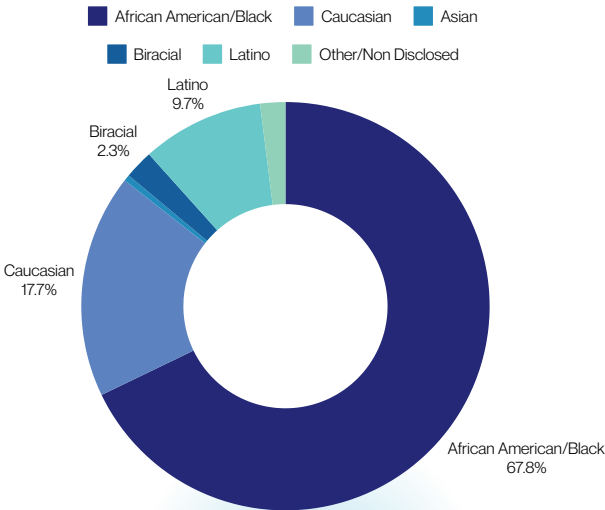
48%

Female

## Cause of Death Reported



\*Other includes accidental shooting, drowning, fire, pregnancy loss, & self identified as other.



*"The group helped knowing that there's other people in my school who have gone through the same thing and to know how they felt, too. It felt good knowing I'm not alone."*

- 9 year old Student at JV Washam Elementary



# KinderMourn

## THE GROWING NEED

*For Grief Support in our Community*

**9.8%-226K**

children will be bereaved by **age 18** in North Carolina. Our state ranks **higher** than the National rate of **8.6%**.



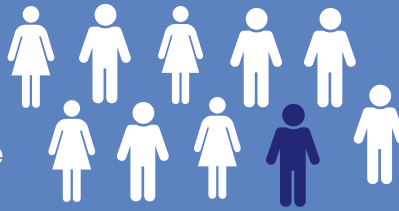
KinderMourn currently serves **1,785** bereaved families (over 705 children) in **41 cities** throughout North Carolina and South Carolina.



**41 Cities**

**1 in 10**

children in North Carolina will experience the death of a parent or sibling by age 18.



NC RANKS

**17th**

IN CBEM STATE RANKINGS

*Source: 2024 Project Childhood Bereavement Estimation Model (CBEM) NC Results*

*Because of You ...* KinderMourn is able to support those who who have experienced the unthinkable. Forty-seven years later, KinderMourn remains a safe haven where bereaved children, teens, and parents can find refuge without taking on the financial burden that often comes with accessing mental health support.

Because of you, KinderMourn was able to provide support through counseling sessions and groups, to more than 1,750 bereaved parents, grieving children, and teens last year. Thank you for making it possible to serve as the only grief support organization in our community offering these crucial grief services.

On behalf of the thousands of bereaved families that we will serve this year, thank you for profoundly impacting lives and providing HOPE to so many. We are grateful to you for allowing us to do so.



1320 Harding Place  
Charlotte, NC 28204

*Thank you for believing in KinderMourn  
and making our mission possible!*



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Learn more  
[www.kindermourn.org](http://www.kindermourn.org)