



KinderMourn

2025 Annual Hope Report

WHEN A CHILD DIES.
WHEN A CHILD GRIEVES.
THERE IS HELP.
THERE IS HOPE.

Our Mission

KinderMourn provides hope for bereaved parents, grieving children and teens by offering support and counseling programs, creating awareness of bereavement issues and empowering the community to effectively assist those who have suffered an unthinkable loss.

Since 1978, KinderMourn has walked alongside countless families seeking healing after grieving an unthinkable loss. Forty-eight years later, we continue to serve as the only grief support organization in our area offering these crucial mental health services for bereaved families.



KinderMourn provides **individual grief counseling** by professional licensed clinicians to bereaved parents who have lost a child and youth who have lost a loved one. All fees are based on a sliding scale.



KinderMourn provides **FREE support groups** for pregnancy loss, subsequent pregnancy, grieving parents who have lost a child, and children and teens who have experienced significant loss.



KinderMourn offers **FREE grief support** groups to elementary, middle, and high school youth through our Helping the Hurt outreach program in our local area schools.



☎ 704.376.2580

📍 1320 Harding Place
Charlotte, NC 28204

*Your Support
Gives Hope!*



#KINDERMOURNCLT
www.kindermourn.org



KinderMourn

OUR MISSION AT WORK IN 2025

Through generous donations last year, KinderMourn Supported



TOTAL NUMBER OF
CLIENTS IN-HOUSE FOR
COUNSELING SUPPORT

1,177



TOTAL NUMBER OF
IN-HOUSE COUNSELING
SESSIONS

4,146

14%↑ from 2024

TOTAL NUMBER OF
IN-HOUSE GROUP
SUPPORT SESSIONS



134



NUMBER OF CLIENTS IN
GRIEF SUPPORT GROUPS

246

**\$885,000+ IN MISSION-RELATED
SERVICES PROVIDED**

TOTAL 2025 EXPENSES - \$1.17 MILLION



127

NUMBER OF CHILDREN IN
GRIEF SUPPORT GROUPS

215



NUMBER OF PARENT
CONSULTATIONS

IN-HOUSE DEMOGRAPHICS



41%
Male



59%
Female

BLACK: 37%
WHITE: 48%
HISPANIC/LATINO: 8%
ASIAN: 1%
BIRACIAL: 4%
MULTI-RACIAL: 2 %



TOTAL NUMBER OF NEW
CLIENT INTAKES FOR
COUNSELING SUPPORT

363

**GRIEVING PARENTS, CHILDREN,
TEENS, & FAMILIES SUPPORTED**

1,700

KinderMourn

OUR MISSION AT WORK IN 2025

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TOTAL NUMBER OF
CHILDREN & CAREGIVERS
SUPPORTED AT CAMP
HEALING HEARTS

51



THE AVERAGE INCOME
OF A KINDERMOURN
FAMILY WE SERVE

\$25-\$75k

DID YOU KNOW?



THAT THE MOST
IN-HOUSE CLIENT
APPOINTMENTS WE
HAD IN ONE DAY WAS
40 APPOINTMENTS
ON DECEMBER 2,
2025!

HOPE IN NUMBERS

\$1.2 MILLION RAISED IN PARTNERSHIP WITH:

HEALING HEARTS

98

SPONSORS

60

FRIENDS

547

GRANT FUNDERS

14



TOTAL NUMBER OF
VOLUNTEERS IN 2025

265

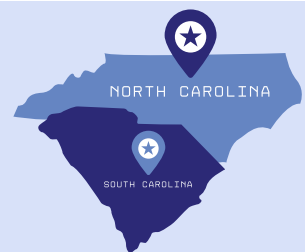
COMMUNITY PARTNERS

113



COMMUNITY CONTACTS

2,636



KINDERMOURN CURRENTLY
SERVES BEREAVED FAMILIES
IN **47 CITIES** THROUGHOUT
NORTH AND
SOUTH CAROLINA.



1320 Harding Place
Charlotte, NC 28204

Thank you to all of our families, partners, supporters, sponsors, volunteers, and donors for making this year possible. Because of you, KinderMourn was able to support 1,700 bereaved families in our community navigating the unthinkable. We are grateful to each and every one of you for believing in our mission!



Follow Us!
#KinderMournCLT

Learn more
www.kindermourn.org

HELPING THE HURT

2025 Helping the Hurt Outreach

At KinderMourn, we recognize that many of our community's most vulnerable are unable to access the support needed at the KinderMourn Home. That is why we established Helping The Hurt in 1994, a **FREE** outreach program to expand our reach in the community, providing on-site grief support groups to bereaved children and teens in Charlotte-Mecklenburg Schools (CMS) and Fort Mill Schools.

42



2025
CUMULATIVE
SCHOOLS SERVED

313



2025
HELPING THE HURT
STUDENTS SERVED

81%

of Students reported feeling physically better after participating

92%

of Students reported having a better understanding of grief

85%

of Students reported being able to better express their feelings

87%

of Students reported that group helped them find healthy ways to cope with their feelings

92%

of Students reported that they identified someone they can talk to when experiencing "big feelings"

95%

of Students reported they found this support group to be helpful to them

92%

of Students reported they would participate in a grief support group again

"I was so nervous to talk about my mom when group started, but seeing other kids each week who had also lost a parent really helped me open up. I loved being able to bring in a photo album of pictures of my mom and share with the group about who she was."

-10 year old Student at Doby's Bridge Elementary

"I really liked having a private space to talk about our feelings with other kids who were going through the same thing." – 10 year old Student at Southern Academy of International Languages

2025 Demographics



49%

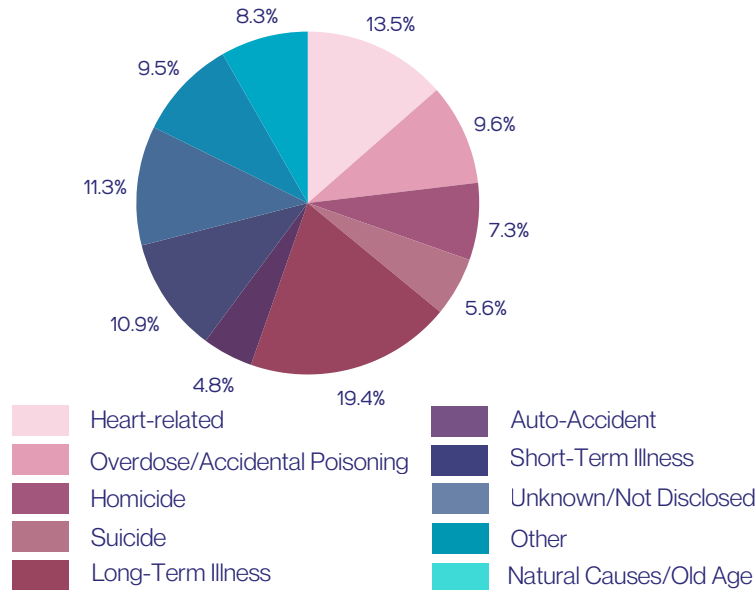
Male



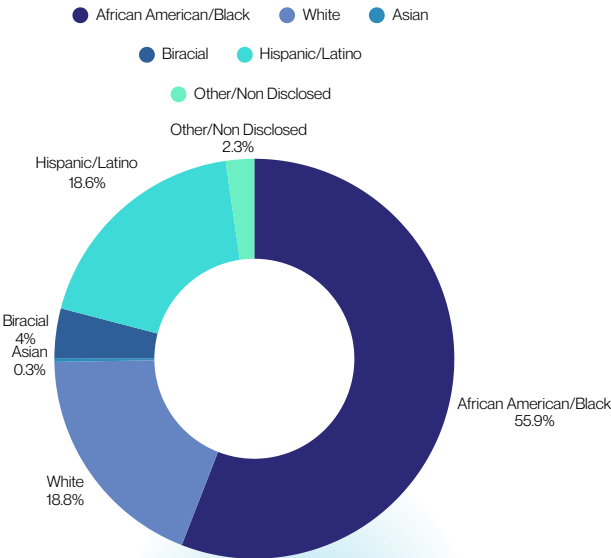
51%

Female

Cause of Death Reported



*Other includes natural causes, accidental shooting, drowning, fire, stroke, pregnancy loss, etc.



"At first, I was really nervous to open up in group, but by the end of group, I was so sad it was over! I really enjoyed getting to be a part of this group and would love to do it again!" - 11 year old Student at Piedmont Middle School