

KinderMourn

Suggested Reading for Grieving Parents

It's OK That You're Not OK

by Megan Devine

Grief & loss in a culture that doesn't understand

Comfort for the Grieving Parent's Heart

by Gary Roe

Hope and healing after losing your child

Shattered – Surviving the Loss of a Child

by Gary Roe

Heartfelt, easy to read, and intensely practical

Understanding Your Grief

by Dr. Alan Wolfelt

A roadmap through grief

More Than Surviving

by Kelly Osmont

Caring for yourself while you grieve

Healing A Parent's Grieving Heart

by Dr. Alan Wolfelt

Practical ideas after your child has died

The Unspeakable Loss

by Nisha Zenoff

How do you live after a child dies?

Dear Parents – Letters to Bereaved Parents from Bereaved Parents

Collection of letters by parents & leaders in the field

It's Grief

by Edy Nathan

The dance of self-discovery through trauma & loss

Grieving Dads: To the Brink and Back

by Kelly Farley & David DiCola

Fathers share their stories of grief and hope

Life After Baby Loss

by Nicola Gaskin

A companion and guide for parents

Beyond Tears: Living After Losing a Child

by Ellen Mitchell

Mothers share what to expect in first year & beyond

I Have No Intention of Saying Goodbye

by Sandy Fox

Parents share their stories of hope & healing

Death of a Child

by Elaine Stillwell

Reflections for grieving parents

Holding Onto Love

by Chuck Collins

Searching for hope when a child dies

For Better or Worse

by Maribeth Doerr

For strengthening marriages after the death of a child

All books listed above along with many others can be found in KinderMourn's lending library. We hope you find support and comfort from these materials and we encourage you, your family and friends to utilize this resource.