

KinderMourn

Suggested Reading for Grieving Teens

Grieving for the Sibling You Lost

by Erica Goldblatt Hyatt

A Teen's Guide to Coping with Grief and Finding Meaning After Loss

Facing Change

by Donna O'Toole

Falling Apart And Coming Together Again In The Teen Years

Teen Grief

by Gary Roe

Caring for the Grieving Teenage Heart

Healing Your Grieving Heart For Teens

by Alan D. Wolfelt, PH.D.

Simple tips for understanding & expressing grief

Fire In My Heart, Ice In My Veins

by Enid Traisman

A journal for teenagers

When Nothing Matters Anymore

by Bev Cobain

A survival guide for depressed teens

How It Feels When a Parent Dies

by Jill Krementz

Stories by children & teenagers that have lost a parent

Stuff That Sucks

by Ben Sedley

Teen's Guide to Accepting What You Can't Change and Committing to What You Can

Dear Mom I Will Love You Forever Grief Journal

by Alicia Brook

Memory Book for Grieving & Processing The Death of a Mother

Weird is Normal

by Jenny Lee Wheeler

A book for adolescents written by one

When A Friend Dies

by Marilyn Gootman

Guides & validates with gentle wisdom & advice

When Death Walks In

by Mark Scrivani

Discusses ways of facing grief during the teen years

Straight Talk About Death For Teenagers

by Earl Grollman

How To Cope With Losing Someone You Love.

All books listed above along with many others can be found in KinderMourn's lending library. We hope you find support and comfort from these materials and we encourage you, your family and friends to utilize this resource.